

APPROVED

Master of Arts in Integrative Psychotherapy
Faculty of Business and Humanities

Award Class					
Awards					
MA					
Programme Code	CR_HINTP_9	Mode of Delivery	Part Time	No. of Semesters	4
NFQ Level	9	Embedded Award	No	Programme Credits	90
Next Review Date					
Review Type				Date	
Programmatic Review				01/09/2021	
Department	APPLIED SOCIAL STUDIES				

Programme Outcomes

Upon successful completion of this programme the graduate will be able to demonstrate... :

#	PO Domains	Programme Learning Outcome
PO1	Knowledge - Breadth	(Focus on Developmental Issues) Articulate and apply an integrative theory of human development reflecting the major contributions from current theory and research, thus appreciating possible influences on optimal functioning and development and consequently of developmental arrest and trauma and demonstrating a comprehensive therapeutic approach to their treatment and repair.
PO2	Knowledge - Kind	(Focus on Self as a central organising principle) Analyse and apply the concept of self as a central organising principle of human development, function, disorder and recovery. This will give due regard to the different dimensions of self – intrapsychic, interpersonal, social/cultural, spiritual and ecological as well as embracing the notion of 'self-in-relationship' as a fundamental ingredient of human functioning and of Psychotherapy.
PO3	Skill - Range	(Focus on Relationship) Demonstrate an appreciation of the findings of Psychotherapy outcome research which currently indicate that the quality of the helping relationship in psychotherapy is the most significant component in bringing about therapeutic change. The application of this will involve the intentional use of the co-created relationship, both conscious and unconscious, in the service of the therapeutic outcomes for the client.
PO4	Skill - Selectivity	(Focus on assessment, problem formulation and the clinical process of psychotherapy) a) Compile a problem formulation/case conceptualisation in the course of the assessment process. Use this as a basis for conceptualising a treatment direction for the work and to update these initial hypotheses regularly in response to the emergence of new material. b) Work with a wide range of clinical issues that present in Psychotherapy and have developed an integrative approach to therapeutic process that enables students to plan and deliver effective psychotherapeutic responses and to develop and follow a course of therapy.
PO5	Competence - Context	(Focus on Personal Process) Demonstrate reflective awareness of the impact of personal process in the co-created therapeutic relationship and identify and analyse the transference and countertransference responses that arise. This will involve the capability for self-reflective practice, self-understanding, interpersonal engagement; a capacity for empathy and attunement and a willingness to acknowledge areas of deficit and core vulnerability when they arise.
PO6	Competence - Role	(Focus on Psychotherapy Integration) Articulate and apply their own individual integrative theoretical framework to guide their practice as integrative psychotherapy practitioners. This framework will draw material from many of the major psychotherapy traditions and will also reflect an integration between the different dimensions of Psychotherapy – theoretical, clinical, research, personal process and supervised reflective practice.
PO7	Competence - Learning to Learn	(Focus on the Ethical and Professional Practice) Understand the complexity of ethical and professional issues that arise in clinical work and have developed a competent process for approaching ethical and professional decision making. This will include an appreciation of the need for on-going professional development as well as an awareness of the role of clinical supervision and its contribution to ongoing professional development
PO8	Competence - Insight	(Focus on the wider perspective - diversity, difference, context, background - the human adventure) Demonstrate a personal world view which recognises the impact of the social, cultural, ecological and political contexts that shape the individual's formation and identity. This will include the ability to show respect for such diversity and also to demonstrate a compassion and a concern with the suffering human being as a whole – body, mind and spirit.

Semester Schedules

Year 1 / Semester 1

<i>Mandatory</i>				
<i>Code</i>	<i>Title</i>	<i>Module Coordinator</i>	<i>Version</i>	<i>Credits</i>
COUN9008	<u>Clinical Assess & Case Formul</u>	Mary Galvin	2	10
COUN9004	<u>Develop Theory & Adult Adaptat</u>	Mary Galvin	2	5
COUN9010	<u>Personal & Relational Process</u>	Mary Galvin	2	10
COUN9002	<u>Supervised Clinical Practice 1</u>	Mary Galvin	2	5

Year 1 / Semester 2

<i>Mandatory</i>				
<i>Code</i>	<i>Title</i>	<i>Module Coordinator</i>	<i>Version</i>	<i>Credits</i>
COUN9006	<u>Clinical Process of Psychother</u>	Mary Galvin	2	5
COUN9011	<u>Personal & Clinical Integration</u>	Mary Galvin	2	10
COUN9009	<u>Practitioner Research Methods</u>	Mary Galvin	2	5
COUN9003	<u>Supervised Clinical Practice 2</u>	Mary Galvin	2	5
COUN9005	<u>Trauma and Dissociation</u>	Mary Galvin	2	5

Year 2 / Semester 1

Year 2 Semester 1 Elective Regulation

The duration of the modules in semester 3 may extend over two semester periods covering the full academic year.

Mandatory				
Code	Title	Module Coordinator	Version	Credits
COUN9001	Mental Health Placement	Mary Galvin	2	5
COUN9007	Reflect. Practit. Dissertation	Mary Galvin	3	25